



# Twin Valley Community Local Schools

## Middle/High School Breakfast Menu

March 2019

MEAL OF THE DAY:  
**French Toast Sticks w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Sausage and Egg patty**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Breakfast Cereal Bar**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Cherry Frudel**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Apple-Filled Churros**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**French Toast Sticks w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Sausage and Egg patty**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Breakfast Cereal Bar**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Cherry Frudel**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Cinni Mini**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Country Chicken & Egg Biscuit**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Cinnamon Sugar Donuts Holes**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**French Toast w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Cinnamon Cream Cheese Bagel**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Waffles w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Breakfast Pizza**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Cinni Mini**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Glazed Donuts Holes**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Cinnamon Sugar Apple Filled Churros**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**Teacher's PD**  
**No School**

**No School**  
**Spring Break**  
**March 25-29**

MEAL OF THE DAY:  
**Cinni Mini**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Glazed Donuts Holes**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

MEAL OF THE DAY:  
**Cinnamon Sugar Apple Filled Churros**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**No School**  
**Spring Break**  
**March 25-29**

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**Breakfast full paid- \$2.00**      **Free/ reduced applications- FREE breakfast!**  
Assorted milk, assorted fruit and 100% juice offered daily  
*Menus are subject to change*  
All Entrees Are Whole Grain  
All meals meet the National School Breakfast Program